

BELOW 100 INTENSIVE



SEPT 21-25, 2026

Hosted by:
Lansing Police Department

TRAINING SESSIONS:

BELOW 100 INTENSIVE
8AM - 12PM (EACH DAY)

This is the core program course focused on the 5 Tenets of Officer Safety.

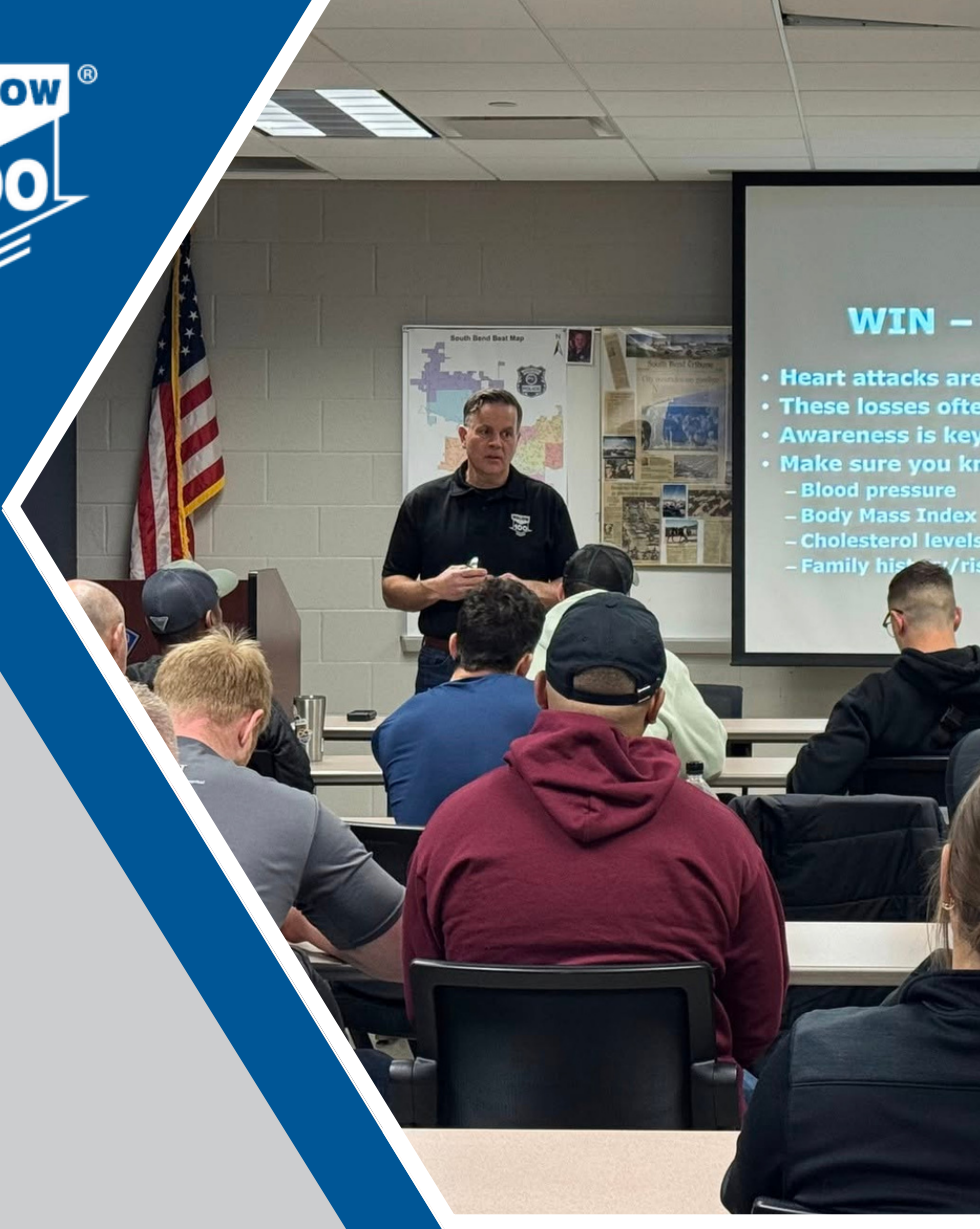
- Wear Your Belt
- Wear Your Vest
- Watch Your Speed
- WIN - What's Important Now?
- Remember: Complacency Kills!

(You will only attend one class)

Training provided by Below 100 Core Trainers:

21st & 22nd - Scot Haug

23rd, 24th & 25th - Chuck Foster & Jeff Neyland



WIN -

- Heart attacks are
- These losses ofte
- Awareness is key
- Make sure you kn
 - Blood pressure
 - Body Mass Index
 - Cholesterol levels
 - Family history/ris

SIGN UP INFO

Contact: Lt. Corey Campbell

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TRAINING LOCATION:

Lansing Police Operations

5815 Wise Rd.

Lansing, MI 48911

Vision - Reduce line-of-duty deaths to fewer than 100 per year.