

BELOW 100 INTENSIVE & TRAIN-THE-TRAINER

Hosted by:
El Paso County Sheriff's Office

February 18, 2026



TRAINING SESSIONS:

BELOW 100 INTENSIVE 8AM - 12PM

This is the core program course focused on the 5 Tenets of Officer Safety.
(You may attend this portion only.)

BELOW 100 TRAIN-THE-TRAINER* 1PM - 5PM (Lunch provided for T3 attendees)

This course is for instructors who want to be certified to instruct the Below 100 Intensive course on their own.

** Trainer Candidates must first attend the Below 100 Intensive Course*

Training provided by Below 100 Core Trainers:
Katie Alexander & Trent Lozano



- WIN -**
- Heart attacks and
 - These losses often
 - Awareness is key
 - Make sure you know
 - Blood pressure
 - Body Mass Index
 - Cholesterol levels
 - Family history/risk

TRAINING LOCATION

El Paso County Sheriff's Academy
12501 Montana Ave. Ste. B
El Paso, TX 79938

SIGN UP INFO

Contact Katie Alexander

E: katie.alexander@tmpa.org P: (832) 527-2170

Link: [Register Here](#) or Scan the QR Code



Vision - Reduce line-of-duty deaths to fewer than 100 per year.