

BELOW 100 INTENSIVE & TRAIN THE TRAINER

Hosted By: Mount Horeb Police Department

OCTOBER 1, 2025



TRAINING SESSIONS:

BELOW 100 INTENSIVE 8AM - 12PM

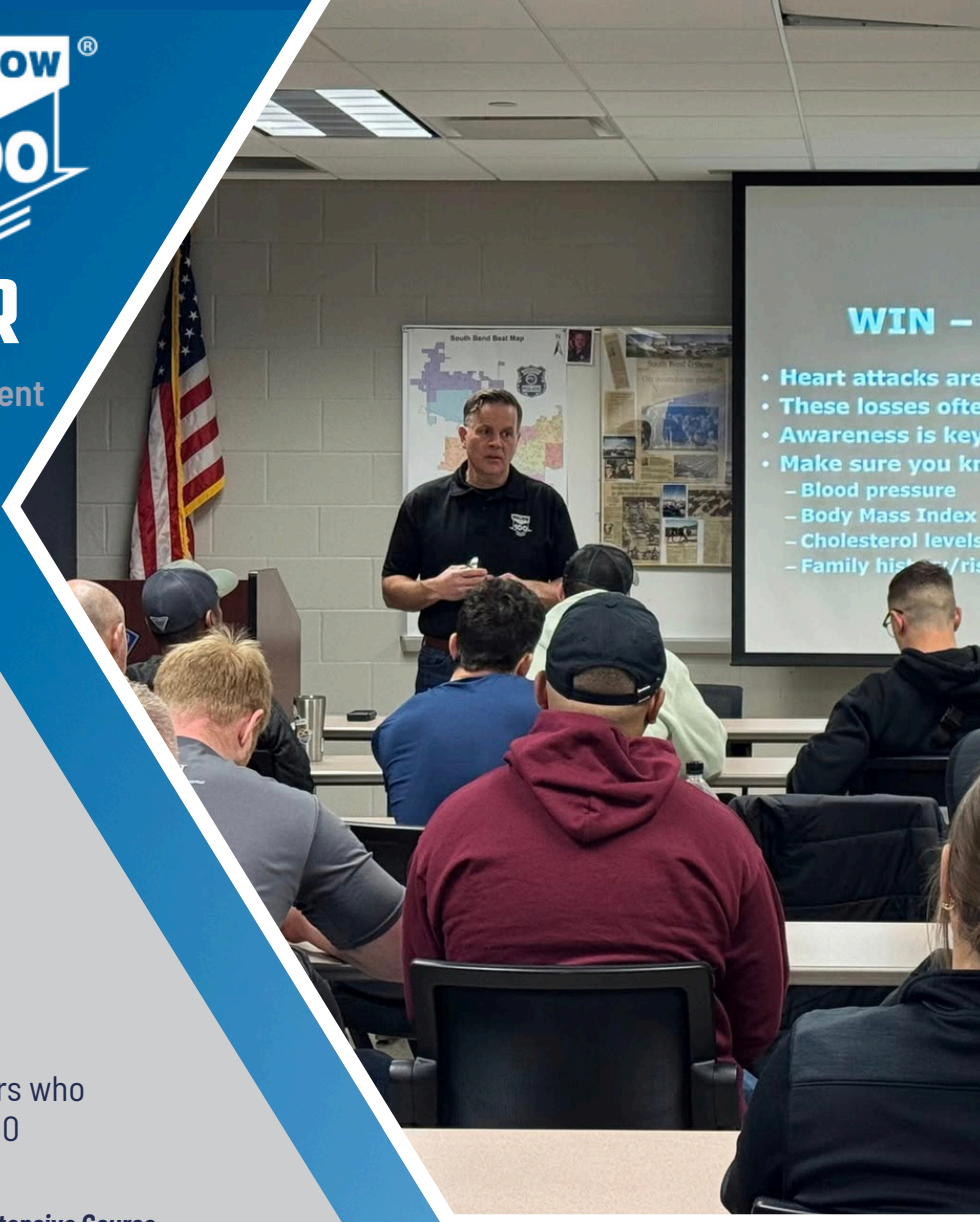
This is the core program course focused on the 5 Tenets of Officer Safety

BELOW 100 TRAIN THE TRAINER* 1PM - 5PM

This course is for agency recognized trainers who want to be certified to instruct the Below 100 Intensive course on their own.

**Trainer Candidates must first attend the Below 100 Intensive Course*

Training provided by Below 100 Core Instructor:
Tom Dirlam



WIN -

- Heart attacks are
- These losses ofte
- Awareness is key
- Make sure you kn
 - Blood pressure
 - Body Mass Index
 - Cholesterol levels
 - Family history/ris

SIGN UP INFO

Contact Lt. Joshua Jarvis

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P: (608) 437-5522

TRAINING LOCATION:

Mount Horeb Public Safety Building
Emergency Operations Center
400 Blue Mounds Street
Mount Horeb, WI 53572

Vision - Reduce line-of-duty deaths to fewer than 100 per year.